The Shiants are a group of Scottish Islands found in the heart of the Minch Estuary between Skye and Lewis. To the naked eye they appear as rocky outposts, absent of habitation, but they are in themselves a world of mystery and legend.



## The Shiants

... Far out in the troubled sea Yet visible for all to see Protruding rocks where puffins soar Outcasts from the distant shore Isles of shadow locked in time Born of legends, myth and rhyme Where ancient people of archaic ways Would cast their nets on windswept days....

> Written by Graham Bennett